

PULLING ANKLE STRAP

#1.05.052.104

Designed to allow swimmers to focus on body position and upper body strength and technique.

ACCESSORIES



ELIMINATES KICKING

Holds ankles together, shifting focus to build upper body strength

IDEAL FOR PULLING SETS

Compatible with a standard pull buoy

UNIVERSAL SIZE

One size fits all

NATURAL RUBBER

Provides a secure and comfortable fit



PRODUCT DESCRIPTION

Rubber strap worn around ankles to eliminate kicking. Ideally used with the Foam Pull Buoy, to immobilize legs to build upper body and stabilizing core strength.

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simplify swimming