

SNORKELS REFERENCE GUIDE



ORIGINAL SWIMMER'S SNORKEL
TECHNICAL & TRAINING SNORKEL



GLIDE SNORKEL
TECHNIQUE & TRAINING SNORKEL



FREESTYLE SNORKEL
DESIGNED FOR FREESTYLE

SWIMMER ABILITY

BEGINNER, INTERMEDIATE & ADVANCED

Features a purge valve, which allows water to flow out of the snorkel without entering the mouth piece. Takes a greater lung capacity to clear the snorkel of water after a flip turn. Also a great snorkel for beginners who are not doing flip turns.

BEGINNER, INTERMEDIATE & ADVANCED

Simple design keeps this snorkel stable and allows swimmers to easily clear the tube if water enters.

INTERMEDIATE & ADVANCED

The curved design wraps around the head, which requires a greater lung capacity to clear the tube of water if it is submerged.

BEST TO USE FOR...

Longer swim sets that include frequent flip turns and/or open turns.



All sets!



Freestyle – both long endurance sets and short sprint sets.



BENEFITS

- Conditions your lungs and increases aerobic capacity
- Allows relaxation in the water to focus on stroke technique and rhythm
- Promotes proper head position and body alignment

Designed to build lung endurance and allow swimmers to focus on stroke technique.

- Provides perfect stability at any speed
- Builds lung strength
- Allows relaxation in the water to focus on stroke technique and rhythm

Designed as an introductory snorkel, can be easily cleared while swimming.

- Makes your swim more enjoyable by preventing uphill swimming
- Promotes proper head position and body alignment
- Maximizes stroke efficiency

Designed specially for freestyle, curves around the head to reduce drag.